

# Asbestos Awareness

## *Sample Matrix*

Day	Subject	Recommended Materials	Activities
1	Introduction		
	Physical Properties of Asbestos	Asbestos Supervisor CD (C-072) module 2: <i>Background</i>	Class exercise on asbestos hazards with Q&A discussion
	Health Effects of Exposure	Asbestos Supervisor CD module 3: <i>Health Effects</i>	Class discussion of routes of entry and effects
	Employee PPE	Asbestos Supervisor CD module 8: <i>Other PPE</i> , and Respiratory Protection Standard 1910.134 (M-024)	Discussion of PPE Q&A
	Medical Surveillance	29 CFR 1910.1001 (l) <i>Asbestos Medical Surveillance</i> (available on the OSHA website)	Review and discussion of code
	Work Practices	Asbestos Supervisor CD module 13: <i>Work Practices and Engineering Controls</i>	Review of key asbestos characteristics with Q&A discussion
		<b>Optional Materials</b> <ul style="list-style-type: none"> <li>• Asbestos Supervisor manual (M-072)</li> <li>• <a href="http://www.osha.gov">www.osha.gov</a></li> <li>• 29 CFR 1926.1101-OSHA's Asbestos Standard for the Construction Industry [PPT]</li> <li>• OSHA FS-3507: <i>Asbestos Fact Sheet</i></li> <li>• OSHA DSTM 9/2005: <i>Asbestos: Protecting Workers from Asbestos Hazards Fact Sheet</i></li> </ul>	