

Confined Space Awareness 16-Hour

Sample Matrix

Day	Subject	Recommended Materials	Activities
1	Module 1 – Introduction	Confined Space Awareness manual (M-070); Confined Space Awareness Instructor CD (C-070); and Permit Required Confined Space 1910.146 Standard (M-061)	Go over basic criteria that constitute a confined space. Is access to a confined space available? If not, use a sample confined space permit from the Instructor CD or OSHA website. Discuss the hazards involved.
	Module 2 – Confined Space Defined	Confined Space Awareness manual; and 1910.146 Standard	Walk students through the Confined Space Flowchart in Appendix A 1910.146
	Module 3 – Hazards of Confined Space		
	Module 4 – Air Monitoring	D-024 NHP Training Video Clip - LEL Videos D-12 Monitoring and Instrumentation	Four Gas Monitor Practical – Calibration and Bump Test
	Module 5 – Hazard Communication	Confined Space Awareness manual	
	Module 6 – Hazard Controls	Confined Space Awareness manual	“NHP Training Video Clips Vol 1 and 2” (D-024) show LEL “Monitoring and Instrumentation” video (D-012) Four Gas Monitor Practical – Calibration and Bump Test
2	Module 7 – Respiratory Protection		
	Module 8 – PPE		
	Module 9 – Fall Protection		
	Module 10 – Roles and Responsibilities		
	Module 11 – Confined Space Regulation		
	Module 12 – Final Exercise		If feasible recommend final exercise be hands-on using equipment workers will use. Otherwise, use Module 12.

Course: