

## Trenching Awareness 8-Hour

### *Sample Matrix*

<b>Day</b>	<b>Subject</b>	<b>Recommended Materials</b>	<b>Activities</b>
<b>1</b>	Introduction to Principles of Trenching & Excavation	Trench Shore Soil Mechanics Instructor manual (M-062)	
	Trenching & Excavation Hazards: Focus Four Module – Caught Between	Focus Four manual (M-066)	
	Scope, Application, Definitions; Specific Excavation Requirements; and Requirements for Protective Systems	Excavation Standard Subpart P (M-058)	
	Soil Classification, and Sloping & Benching	Excavation Standard Subpart P Appendices A & B	
	Selection of Protective Systems	Excavation Standard Subpart P Appendix F	
	Excavator Quick-coupler Overview and Operational Hazards		
	Duties of a Competent Person		